

SPEEDOMEETING 2026: Session: 2: COACH evaluation sheet for TEAM: DDAT

Coachinfo: Warming up from: 07:45 untill 08:45. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Claes Steven

Coaches: Slabbaert Ann HEADCOACH

PB => Personal Best time SB => Seasons Best time: Season starting point: first of September.

Event number: 9: 100M FREESTYLE MEN 11+			Heat:4, starttime: 09:05
Heat: 4/27 Lane : 2 Athlete: VAN DER MEIREN WILLIAM			Q-time: 01:21:63
PB (50m pool): 01:15.99 Antwerpen 15/03/2026			PB (25m pool): 01:24.25 SB: 01:15.99 Antwerpen 15/03/2026
	5 0 M	1 0 0 M	
PB	00:38.17	01:15.99	
	00:38.17	00:37.82	
			

Coach feedback:

Event number: 9: 100M FREESTYLE MEN 11+			Heat:6, starttime: 09:10
Heat: 6/27 Lane : 6 Athlete: VANDEPITTE KYAN			Q-time: 01:15:60
PB (50m pool): 01:15.17 Molenbeek 01/02/2026			PB (25m pool): 01:14.06 SB: 01:15.17 Molenbeek 01/02/2026
	5 0 M	1 0 0 M	
PB	no time	01:15.17	
	no time		
			

Coach feedback:

Event number: 9: 100M FREESTYLE MEN 11+			Heat:6, starttime: 09:10
Heat: 6/27 Lane : 7 Athlete: DE MESMAEKER LOANN			Q-time: 01:15:80
PB (50m pool): 01:13.72 Antwerpen 15/03/2026			PB (25m pool): 01:12.47 SB: 01:13.72 Antwerpen 15/03/2026
	5 0 M	1 0 0 M	
PB	00:34.83	01:13.72	
	00:34.83	00:38.89	
			

Coach feedback:

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Event number: 9: 100M FREESTYLE MEN 11+			Heat:7, starttime: 09:10
Heat: 7/27 Lane : 9 Athlete: CLAES TIEBE			Q-time: 01:14:90
PB (50m pool): 01:16.41 Antwerpen 15/03/2026			PB (25m pool): 01:14.90 SB: 01:16.41 Antwerpen 15/03/2026
	5 0 M	1 0 0 M	
PB	00:36.20	01:16.41	
	00:36.20	00:40.21	
			

Coach feedback:

Event number: 9: 100M FREESTYLE MEN 11+			Heat:9, starttime: 09:15
Heat: 9/27 Lane : 4 Athlete: CLAES ELIAN			Q-time: 01:09:85
PB (50m pool): 01:12.14 Seraing 25/01/2026			PB (25m pool): 01:09.62 SB: 01:12.14 Seraing 25/01/2026
	5 0 M	1 0 0 M	
PB	00:34.61	01:12.14	
	00:34.61	00:37.53	
			

Coach feedback:

Event number: 9: 100M FREESTYLE MEN 11+			Heat:13, starttime: 09:20
Heat: 13/27 Lane : 2 Athlete: JACQUEMYNS KOBE			Q-time: 01:06:16
PB (50m pool): 01:06.16 Wezenberg 04/01/2026			PB (25m pool): 01:04.64 SB: 01:06.16 Wezenberg 04/01/2026
	5 0 M	1 0 0 M	
PB	00:31.90	01:06.16	
	00:31.90	00:34.26	
			

Coach feedback:

Event number: 9: 100M FREESTYLE MEN 11+			Heat:14, starttime: 09:25
Heat: 14/27 Lane : 6 Athlete: DELCOIGNE NATHAN			Q-time: 01:04:70
PB (50m pool): 01:04.63 Molenbeek 01/02/2026			PB (25m pool): 01:01.27 SB: 01:04.63 Molenbeek 01/02/2026
	5 0 M	1 0 0 M	
PB	no time	01:04.63	
	no time		
			

Coach feedback:

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Event number: 9: 100M FREESTYLE MEN 11+			Heat:18, starttime: 09:30
Heat: 18/27 Lane : 7 Athlete: PUTTAERT ARTHUR			Q-time: 01:00:63
PB (50m pool): 01:02.59 Wezenberg 03/01/2026			PB (25m pool): 01:00.63 SB: 01:02.59 Wezenberg 03/01/2026
	5 0 M	1 0 0 M	
PB	00:29.94	01:02.59	
	00:29.94	00:32.65	
			

Coach feedback:

Event number: 9: 100M FREESTYLE MEN 11+			Heat:19, starttime: 09:30
Heat: 19/27 Lane : 6 Athlete: TRONCKOE KOBE			Q-time: 00:59:91
PB (50m pool): 01:01.97 Molenbeek 01/02/2026			PB (25m pool): 00:58.90 SB: 01:01.97 Molenbeek 01/02/2026
	5 0 M	1 0 0 M	
PB	no time	01:01.97	
	no time		
			

Coach feedback:

Event number: 9: 100M FREESTYLE MEN 11+			Heat:24, starttime: 09:40
Heat: 24/27 Lane : 4 Athlete: SEGHERS MICHIEL			Q-time: 00:56:03
PB (50m pool): 00:56.03 Antwerpen 27/07/2025			PB (25m pool): 00:54.25 SB: 00:56.42 Molenbeek 01/02/2026
	5 0 M	1 0 0 M	
PB	00:27.30	00:56.03	
	00:27.30	00:28.73	
			

Coach feedback:

Event number: 10: 100M BREASTSTROKE WOMEN 11+			Heat:7, starttime: 10:00
Heat: 7/26 Lane : 4 Athlete: VERMEIR JOSEFIEN			Q-time: 01:45:72
PB (50m pool): 01:45.72 Antwerpen 13/07/2025			PB (25m pool): 01:47.80 SB: 01:56.41 Molenbeek 01/02/2026
	5 0 M	1 0 0 M	
PB	00:50.34	01:45.72	
	00:50.34	00:55.38	
			

Coach feedback:

SPEEDOMEETING 2026: Session: 2: COACH evaluation sheet for TEAM: DDAT

Event number: 10: 100M BREASTSTROKE WOMEN 11+			Heat:8, starttime: 10:05
Heat: 8/26 Lane : 6 Athlete: TRONCKOE BENTE			Q-time: 01:44:48
PB (50m pool): 01:44.99 Antwerpen 15/03/2026			PB (25m pool): 01:44.48 SB: 01:44.99 Antwerpen 15/03/2026
	5 0 M	1 0 0 M	
PB	00:50.34	01:44.99	
	00:50.34	00:54.65	
			

Coach feedback:

Event number: 10: 100M BREASTSTROKE WOMEN 11+			Heat:10, starttime: 10:05
Heat: 10/26 Lane : 5 Athlete: DELCOIGNE ELLA			Q-time: 01:40:24
PB (50m pool): 01:41.24 Seraing 25/01/2026			PB (25m pool): 01:40.24 SB: 01:41.24 Seraing 25/01/2026
	5 0 M	1 0 0 M	
PB	00:49.66	01:41.24	
	00:49.66	00:51.58	
			

Coach feedback:

Event number: 10: 100M BREASTSTROKE WOMEN 11+			Heat:10, starttime: 10:05
Heat: 10/26 Lane : 8 Athlete: VERMOESEN ESTÉE			Q-time: 01:41:04
PB (50m pool): 01:45.76 Seraing 25/01/2026			PB (25m pool): 01:41.04 SB: 01:45.76 Seraing 25/01/2026
	5 0 M	1 0 0 M	
PB	00:51.37	01:45.76	
	00:51.37	00:54.39	
			

Coach feedback:

Event number: 10: 100M BREASTSTROKE WOMEN 11+			Heat:15, starttime: 10:20
Heat: 15/26 Lane : 5 Athlete: NDIAYE MAï			Q-time: 01:32:74
PB (50m pool): 01:32.74 Charleroi 11/01/2026			PB (25m pool): 01:27.59 SB: 01:32.74 Charleroi 11/01/2026
	5 0 M	1 0 0 M	
PB	00:43.17	01:32.74	
	00:43.17	00:49.57	
			

Coach feedback:

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Event number: 10: 100M BREASTSTROKE WOMEN 11+			Heat:17, starttime: 10:20
Heat: 17/26 Lane : 3 Athlete: DE PRATER JUNO			Q-time: 01:30:15
PB (50m pool): 01:27.12 Antwerpen 15/03/2026			PB (25m pool): 01:23.78 SB: 01:27.12 Antwerpen 15/03/2026
	5 0 M	1 0 0 M	
PB	00:41.01	01:27.12	
	00:41.01	00:46.11	
			

Coach feedback:

Event number: 10: 100M BREASTSTROKE WOMEN 11+			Heat:18, starttime: 10:25
Heat: 18/26 Lane : 1 Athlete: WYFFELS LOUISE MARIE			Q-time: 01:29:62
PB (50m pool): 01:32.59 Wezenberg 04/01/2026			PB (25m pool): 01:28.95 SB: 01:32.59 Wezenberg 04/01/2026
	5 0 M	1 0 0 M	
PB	00:44.15	01:32.59	
	00:44.15	00:48.44	
			

Coach feedback:

Event number: 10: 100M BREASTSTROKE WOMEN 11+			Heat:21, starttime: 10:30
Heat: 21/26 Lane : 8 Athlete: FRANCKX MARGAUX			Q-time: 01:25:86
PB (50m pool): 01:29.98 Antwerpen 15/03/2026			PB (25m pool): 01:25.86 SB: 01:29.98 Antwerpen 15/03/2026
	5 0 M	1 0 0 M	
PB	00:42.77	01:29.98	
	00:42.77	00:47.21	
			

Coach feedback:

Event number: 10: 100M BREASTSTROKE WOMEN 11+			Heat:22, starttime: 10:30
Heat: 22/26 Lane : 4 Athlete: VANDE GHINSTE AMBER			Q-time: 01:23:21
PB (50m pool): 01:25.01 Antwerpen 15/03/2026			PB (25m pool): 01:23.21 SB: 01:25.01 Antwerpen 15/03/2026
	5 0 M	1 0 0 M	
PB	00:39.32	01:25.01	
	00:39.32	00:45.69	
			

Coach feedback:

SPEEDOMEETING 2026: Session: 2: COACH evaluation sheet for TEAM: DDAT

Event number: 10: 100M BREASTSTROKE WOMEN 11+			Heat:23, starttime: 10:35
Heat: 23/26 Lane : 0 Athlete: NSUBUGA SOFIA			Q-time: 01:23:09
PB (50m pool): 01:25.22 Antwerpen 20/07/2025			PB (25m pool): 01:21.74 SB: 01:25.34 Antwerpen 15/03/2026
	5 0 M	1 0 0 M	
PB	00:39.60	01:25.22	
	00:39.60	00:45.62	
			

Coach feedback:

Event number: 11: 100M BACKSTROKE MEN 11+			Heat:4, starttime: 11:05
Heat: 4/24 Lane : 1 Athlete: VAN DER MEIREN WILLIAM			Q-time: 01:33:58
PB (50m pool): 01:28.85 Antwerpen 15/03/2026			PB (25m pool): 01:33.02 SB: 01:28.85 Antwerpen 15/03/2026
	5 0 M	1 0 0 M	
PB	00:43.20	01:28.85	
	00:43.20	00:45.65	
			

Coach feedback:

Event number: 11: 100M BACKSTROKE MEN 11+			Heat:6, starttime: 11:10
Heat: 6/24 Lane : 2 Athlete: VANDEPITTE KYAN			Q-time: 01:27:26
PB (50m pool): 01:28.07 Antwerpen 15/03/2026			PB (25m pool): 01:22.78 SB: 01:28.07 Antwerpen 15/03/2026
	5 0 M	1 0 0 M	
PB	00:43.84	01:28.07	
	00:43.84	00:44.23	
			

Coach feedback:

Event number: 11: 100M BACKSTROKE MEN 11+			Heat:8, starttime: 11:10
Heat: 8/24 Lane : 5 Athlete: CLAES TIEBE			Q-time: 01:22:99
PB (50m pool): 01:22.50 Molenbeek 01/02/2026			PB (25m pool): 01:22.43 SB: 01:22.50 Molenbeek 01/02/2026
	5 0 M	1 0 0 M	
PB	no time	01:22.50	
	no time		
			

Coach feedback:

SPEEDOMEETING 2026: Session: 2: COACH evaluation sheet for TEAM: DDAT

Event number: 11: 100M BACKSTROKE MEN 11+			Heat:11, starttime: 11:15
Heat: 11/24 Lane : 1 Athlete: CLAES ELIAN			Q-time: 01:19:08
PB (50m pool): 01:23.82 Gent 08/02/2026			PB (25m pool): 01:19.08 SB: 01:23.82 Gent 08/02/2026
	5 0 M	1 0 0 M	
PB	00:40.61	01:23.82	
	00:40.61	00:43.21	
			

Coach feedback:

Event number: 11: 100M BACKSTROKE MEN 11+			Heat:11, starttime: 11:15
Heat: 11/24 Lane : 4 Athlete: DE MESMAEKER LOANN			Q-time: 01:18:40
PB (50m pool): 01:19.13 Antwerpen 15/03/2026			PB (25m pool): 01:16.99 SB: 01:19.13 Antwerpen 15/03/2026
	5 0 M	1 0 0 M	
PB	00:38.88	01:19.13	
	00:38.88	00:40.25	
			

Coach feedback:

Event number: 11: 100M BACKSTROKE MEN 11+			Heat:15, starttime: 11:25
Heat: 15/24 Lane : 5 Athlete: JACQUEMYNS KOBE			Q-time: 01:13:74
PB (50m pool): 01:14.63 Antwerpen 08/03/2026			PB (25m pool): 01:13.74 SB: 01:14.63 Antwerpen 08/03/2026
	5 0 M	1 0 0 M	
PB	00:36.12	01:14.63	
	00:36.12	00:38.51	
			

Coach feedback:

Event number: 11: 100M BACKSTROKE MEN 11+			Heat:16, starttime: 11:25
Heat: 16/24 Lane : 7 Athlete: DELCOIGNE NATHAN			Q-time: 01:13:11
PB (50m pool): 01:14.93 Antwerpen 15/03/2026			PB (25m pool): 01:11.28 SB: 01:14.93 Antwerpen 15/03/2026
	5 0 M	1 0 0 M	
PB	00:36.47	01:14.93	
	00:36.47	00:38.46	
			

Coach feedback:

SPEEDOMEETING 2026: Session: 2: COACH evaluation sheet for TEAM: DDAT

Event number: 11: 100M BACKSTROKE MEN 11+			Heat:17, starttime: 11:30
Heat: 17/24 Lane : 8 Athlete: TRONCKOE KOBE			Q-time: 01:11:75
PB (50m pool): 01:12.64 Antwerpen 15/03/2026			PB (25m pool): 01:08.48 SB: 01:12.64 Antwerpen 15/03/2026
	5 0 M	1 0 0 M	
PB	00:35.57	01:12.64	
	00:35.57	00:37.07	
			

Coach feedback:

Event number: 11: 100M BACKSTROKE MEN 11+			Heat:18, starttime: 11:30
Heat: 18/24 Lane : 5 Athlete: PUTTAERT ARTHUR			Q-time: 01:09:63
PB (50m pool): 01:14.29 Molenbeek 01/02/2026			PB (25m pool): 01:08.71 SB: 01:14.29 Molenbeek 01/02/2026
	5 0 M	1 0 0 M	
PB	no time	01:14.29	
	no time		
			

Coach feedback:

Event number: 11: 100M BACKSTROKE MEN 11+			Heat:23, starttime: 11:40
Heat: 23/24 Lane : 7 Athlete: SEGHERS MICHIEL			Q-time: 01:04:54
PB (50m pool): 01:08.56 Aalst 20/12/2025			PB (25m pool): 01:03.03 SB: 01:08.56 Aalst 20/12/2025
	5 0 M	1 0 0 M	
PB	00:32.99	01:08.56	
	00:32.99	00:35.57	
			

Coach feedback:

Event number: 12: 100M BUTTERFLY WOMEN 11+			Heat:5, starttime: 11:50
Heat: 5/22 Lane : 3 Athlete: VERMEIR JOSEFIEN			Q-time: 01:50:09
PB (50m pool): 01:50.09 Antwerpen 13/07/2025			PB (25m pool): 01:43.71 SB: 01:50.61 Aalst 20/12/2025
	5 0 M	1 0 0 M	
PB	00:51.35	01:50.09	
	00:51.35	00:58.74	
			

Coach feedback:

SPEEDOMEETING 2026: Session: 2: COACH evaluation sheet for TEAM: DDAT

Event number: 12: 100M BUTTERFLY WOMEN 11+			Heat:9, starttime: 12:00
Heat: 9/22 Lane : 0 Athlete: VANDE GHINSTE AMBER			Q-time: 01:35:64
PB (50m pool): 01:39.41 Antwerpen 13/07/2025			PB (25m pool): 01:35.64 SB: no time
	5 0 M	1 0 0 M	
PB	00:44.82	01:39.41	
	00:44.82	00:54.59	
			

Coach feedback:

Event number: 12: 100M BUTTERFLY WOMEN 11+			Heat:10, starttime: 12:05
Heat: 10/22 Lane : 2 Athlete: NSUBUGA SOFIA			Q-time: 01:32:10
PB (50m pool): 01:29.94 Antwerpen 16/07/2023			PB (25m pool): 01:29.44 SB: 01:34.39 Gent 08/02/2026
	5 0 M	1 0 0 M	
PB	no time	01:29.94	
	no time		
			

Coach feedback:

Event number: 12: 100M BUTTERFLY WOMEN 11+			Heat:10, starttime: 12:05
Heat: 10/22 Lane : 3 Athlete: TRONCKOE BENTE			Q-time: 01:31:31
PB (50m pool): 01:34.92 Antwerpen 15/03/2026			PB (25m pool): 01:31.31 SB: 01:34.92 Antwerpen 15/03/2026
	5 0 M	1 0 0 M	
PB	00:41.11	01:34.92	
	00:41.11	00:53.81	
			

Coach feedback:

Event number: 12: 100M BUTTERFLY WOMEN 11+			Heat:11, starttime: 12:05
Heat: 11/22 Lane : 5 Athlete: DELCOIGNE ELLA			Q-time: 01:28:01
PB (50m pool): 01:27.62 Seraing 25/01/2026			PB (25m pool): 01:21.00 SB: 01:27.62 Seraing 25/01/2026
	5 0 M	1 0 0 M	
PB	00:41.02	01:27.62	
	00:41.02	00:46.60	
			

Coach feedback:

SPEEDOMEETING 2026: Session: 2: COACH evaluation sheet for TEAM: DDAT

Event number: 12: 100M BUTTERFLY WOMEN 11+			Heat:12, starttime: 12:05
Heat: 12/22 Lane : 0 Athlete: DE PRATER JUNO			Q-time: 01:26:43
PB (50m pool): 01:23.15 Antwerpen 15/03/2026			PB (25m pool): 01:17.83 SB: 01:23.15 Antwerpen 15/03/2026
	5 0 M	1 0 0 M	
PB	00:36.29	01:23.15	
	00:36.29	00:46.86	
			

Coach feedback:

Event number: 12: 100M BUTTERFLY WOMEN 11+			Heat:12, starttime: 12:05
Heat: 12/22 Lane : 3 Athlete: NDIAYE MAÏ			Q-time: 01:25:31
PB (50m pool): 01:24.41 Gent 08/02/2026			PB (25m pool): 01:19.80 SB: 01:24.41 Gent 08/02/2026
	5 0 M	1 0 0 M	
PB	00:39.32	01:24.41	
	00:39.32	00:45.09	
			

Coach feedback:

Event number: 12: 100M BUTTERFLY WOMEN 11+			Heat:13, starttime: 12:10
Heat: 13/22 Lane : 4 Athlete: VERMOESEN ESTÉE			Q-time: 01:23:15
PB (50m pool): 01:26.19 Antwerpen 15/03/2026			PB (25m pool): 01:23.15 SB: 01:26.19 Antwerpen 15/03/2026
	5 0 M	1 0 0 M	
PB	00:38.91	01:26.19	
	00:38.91	00:47.28	
			

Coach feedback:

Event number: 12: 100M BUTTERFLY WOMEN 11+			Heat:14, starttime: 12:10
Heat: 14/22 Lane : 3 Athlete: WYFFELS LOUISE MARIE			Q-time: 01:21:31
PB (50m pool): 01:16.74 Antwerpen 08/03/2026			PB (25m pool): 01:16.28 SB: 01:16.74 Antwerpen 08/03/2026
	5 0 M	1 0 0 M	
PB	00:35.33	01:16.74	
	00:35.33	00:41.41	
			

Coach feedback:

SPEEDOMEETING 2026: Session: 2: COACH evaluation sheet for TEAM: DDAT

Event number: 12: 100M BUTTERFLY WOMEN 11+			Heat:15, starttime: 12:15
Heat: 15/22 Lane : 6 Athlete: FRANCKX MARGAUX			Q-time: 01:19:62
PB (50m pool): 01:19.40 Antwerpen 15/03/2026			PB (25m pool): 01:17.17 SB: 01:19.40 Antwerpen 15/03/2026
	5 0 M	1 0 0 M	
PB	00:34.54	01:19.40	
	00:34.54	00:44.86	
			

Coach feedback: